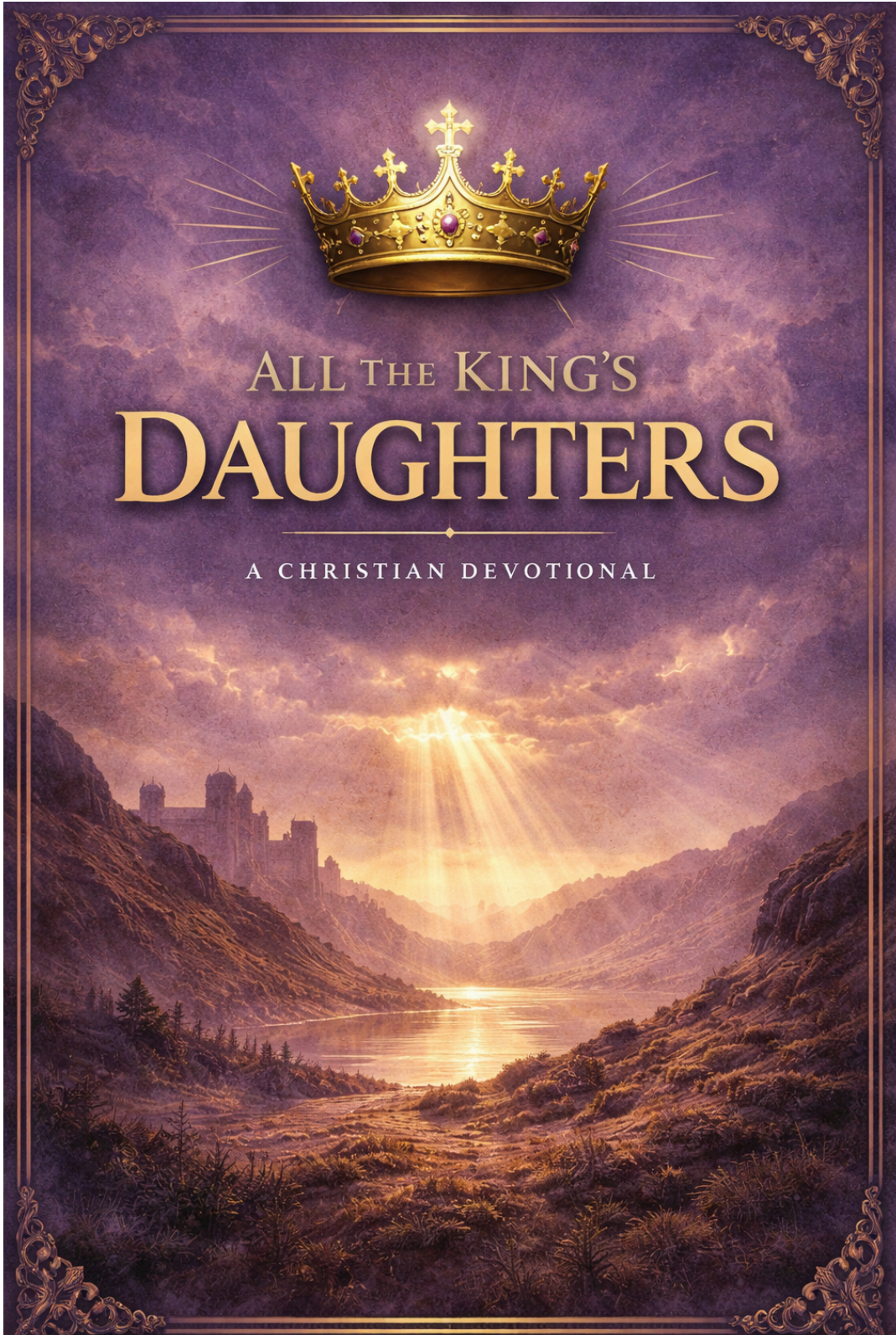




ALL THE KING'S DAUGHTERS

A CHRISTIAN DEVOTIONAL



All The King's Daughters

He Sees What You Carry

Hey Daughters,

Some burdens are visible.

Others are carried quietly.

The silent emotional weight.

The responsibilities no one notices.

The pressure to keep going when you feel tired inside.

The tears you hold back.

The strength you keep forcing yourself to find.

Sometimes, people only see the version of you that is functioning.

They see the smile.

The productivity.

The "I'm okay."

The strength.

But God sees beyond appearances.

He sees what you carry.

He sees the prayers you never finished because you became too exhausted while praying.

He sees the moments you wanted to give up but kept going anyway.

He sees the emotional weight you don't always know how to explain.

He sees the loneliness.

The fear.

The disappointment.

The responsibilities.

The quiet heartbreaks.

Nothing about your struggle is hidden from Him.

Sometimes, we become so used to carrying everything that we forget we were never meant to carry it alone.

God never asked you to be emotionally indestructible.

He never asked you to pretend you are not weary.

He never asked you to suffer in silence without bringing your burdens to Him.

In Matthew 11:28, Jesus says:

“Come unto me, all ye that labour and are heavy laden, and I will give you rest.”

Notice He did not say:

“Come to me once you have it all together.”

He said:

“Come heavy.”

Come tired.

Come overwhelmed.

Come uncertain.

Come emotionally exhausted.

Come carrying things you no longer know how to hold.

Daughter, God is not disappointed in your weariness.

He offers rest for it.

And sometimes, healing begins the moment you stop pretending you are not carrying so much.

Today, may you remember this:

You do not have to carry every burden alone.

You do not have to always appear strong.

You do not have to hide your exhaustion from God.

He sees what you carry.

And He cares deeply about every part of it.

With love,

All The King's Daughters 

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